

# MAINE HIGH SCHOOL TRACK COACHES RULES REVIEW 2026

1. \_\_800 M run\_\_
2. \_\_10\_\_
3. \_\_True\_\_
4. \_\_No, 165' 2"
5. \_\_No, Go to 1000<sup>th</sup> sec\_\_
6. \_\_Yes\_\_
7. \_\_2.2 \_\_
8. \_\_Yes\_\_
9. \_\_Games Committee\_\_
10. \_\_No\_\_
11. \_\_True\_\_
12. \_\_No\_\_
13. \_\_True\_\_
14. \_\_B\_\_
15. \_\_B. 8\_\_
16. \_\_No\_\_
17. \_\_False, 20m\_\_
18. \_\_48\_\_
19. \_\_5\_\_
20. \_\_True\_\_
21. \_\_Second best throw\_\_
22. \_\_DQ for the athlete; For the  
Coach-Disqualified from the meet
23. \_\_Either runner \_\_
24. \_\_Go to tie break procedure\_\_
25. \_\_ True \_\_

26. Fill in the table with appropriate time limits (minutes) for High School field events.

Place the correct time interval in the box for each event.

Events	HJ	PV	Horizontals	Throws
No. of Competitors	—	—	—	—
More than 3	1	1	1	1
2-3 remaining	3	3	1	1
1 remaining	5	5	1	1
Consecutive tries	2	3	2	2