

# MAINE HIGH SCHOOL TRACK COACHES RULES REVIEW 2026

1. <input type="checkbox"/> 800 M run	15. <input type="checkbox"/> B. 8
2. <input type="checkbox"/> 10	16. <input type="checkbox"/> No
3. <input type="checkbox"/> True	17. <input type="checkbox"/> False, 20m
4. <input type="checkbox"/> No, 165' 2"	18. <input type="checkbox"/> 48
5. <input type="checkbox"/> No, Go to 1000 <sup>th</sup> sec	19. <input type="checkbox"/> 5
6. <input type="checkbox"/> Yes	20. <input type="checkbox"/> True
7. <input type="checkbox"/> 2.2	21. <input type="checkbox"/> Second best throw
8. <input type="checkbox"/> Yes	22. <input type="checkbox"/> DQ for the athlete; For the Coach-Disqualified from the meet
9. <input type="checkbox"/> Games Committee	
10. <input type="checkbox"/> No	23. <input type="checkbox"/> Either runner
11. <input type="checkbox"/> True	24. <input type="checkbox"/> Go to tie break procedure
12. <input type="checkbox"/> No	25. <input type="checkbox"/> True
13. <input type="checkbox"/> True	
14. <input type="checkbox"/> B	

26. Fill in the table with appropriate time limits (minutes) for High School field events. Place the correct time interval in the box for each event.

Place the correct time interval in the box for each event.				
Events	HJ	PV	Horizontals	Throws
No. of Competitors	—	—	—	—
More than 3	1	1	1	1
2-3 remaining	3	3	1	1
1 remaining	5	5	1	1
Consecutive tries	2	3	2	2